



Well-being

Suffering

Overview

Although some people may assume that pain and suffering are inevitably and inextricably associated, this is not fact. Although there is a link between pain and suffering, they are also distinctive entities. This module examines the distinctions between pain and suffering as well as approaches to ameliorating suffering. The latter entails a collaboration between patient as person and caregiver as person united in their commitment to acknowledge suffering, identify the causes and jointly work toward the relief of the sufferer.